



A SENSE OF SERENITY



AT ASA, WE BLEND AUTHENTIC THAI MASSAGE TECHNIQUES  
WITH AN ELEVATED STANDARD OF SERVICE AND AMBIANCE,  
OFFERING A SANCTUARY OF PEACE AND REJUVENATION  
AMIDST THE BUSTLING CITY.

OUR NAME, MEANING "HEALER", EMBODIES OUR  
COMMITMENT TO PROVIDING EXCEPTIONAL THERAPEUTIC  
EXPERIENCES, ENSURING EVERY GUEST LEAVES  
REFRESHED, RELAXED, AND REVITALIZED.

在ASA，我们将正宗的泰式按摩技巧与高标准的服务和氛围  
相结合，在繁忙的城市中提供一个宁静与焕发活力的庇护所。

我们的名字“阿萨”(ASA) 意为“治愈者”，它体现了我们  
致力于提供卓越治疗体验的承诺，确保每一位客人都能焕然一新、  
放松身心、恢复活力。





### SPECIAL NOTE FOR WOMEN

IT IS OUR RECOMMENDATION THAT STIMULATING BODY TREATMENTS ARE NOT APPROPRIATE FOR WOMEN WHO ARE PREGNANT. WE HAVE PREPARED A SPECIAL SELECTION OF TREATMENTS THAT ARE SAFE AND COMFORTABLE. FULL BODY TREATMENTS SHOULD BE AVOIDED IN THE FIRST TRIMESTER. PLEASE INFORM OUR CONSULTANT IF YOU ARE PREGNANT.

### SPECIAL NOTE FOR CUSTOMERS WITH MEDICAL CONDITION

PLEASE INFORM OUR CONSULTANT IF YOU ARE UNDER ANY MEDICAL CONDITION THAT MIGHT BE AFFECTED BY OUR MASSAGE TREATMENT.

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#### 特别提示：孕妇

我们建议孕妇避免接受刺激性的身体护理。我们已为您准备了安全且舒适的特殊护理项目。在怀孕的前三个月，应避免进行全身护理。如您怀孕，请告知我们的顾问。

#### 特别提示：有健康问题的顾客

如您有任何可能受到按摩治疗影响的健康问题，请告知我们的顾问。



## SIGNATURE PACKAGE

	ULTIMATE HOLISTIC WELLNESS 180 MINS	SINGLE	2,990
		COUPLE	5,790

1. BODY SCRUB 30 MINS
2. YOUR CHOICE OF 90 MINS
  - SIGNATURE DEEP TISSUE MASSAGE OR
  - AROMA OIL MASSAGE
3. DEEP SLEEP MASSAGE (HEAD AND SHOULDER) 60 MINS

1. 身体磨砂 30分钟 +
2. 您选择的 90 分钟
  - 招牌深层组织按摩 / 或者
  - 芳香精油按摩
3. 深度睡眠按摩 (头部和肩部按摩) 60分钟

	URBAN ESCAPE 120 MINS	SINGLE	2,090
		COUPLE	3,990

- BODY SCRUB 30 MINS + YOUR CHOICE OF 90 MINS
- SIGNATURE DEEP TISSUE MASSAGE OR
  - AROMA OIL MASSAGE

- 身体磨砂 30分钟 + 90分钟
- 招牌深层组织按摩 / 或者
  - 芳香精油按摩

	JET LAG REVIVAL 120 MINS	SINGLE	1,490
		COUPLE	2,790

- FOOT MASSAGE 60 MINS +  
DEEP SLEEP MASSAGE (HEAD AND SHOULDER) 60 MINS

- 足部按摩 60分钟 +  
深度睡眠按摩 (深度睡眠按摩) 60分钟

	REVITALIZING JOURNEY 120 MINS	SINGLE	1,090
		COUPLE	1,990
		TRIPLE	2,890

- FOOT MASSAGE 60 MINS + THAI OIL MASSAGE 60 MINS

- 足部按摩 60分钟 + 泰式精油按摩 60分钟



## TREATMENT PRICE

### AROMATHERAPY MASSAGE

60 mins

90 mins

120 mins

4-HAND DEEP TISSUE MASSAGE  
四手深层组织按摩

2,190

✦ SIGNATURE DEEP TISSUE MASSAGE  
(MEDIUM - FIRM PRESSURE)  
招牌深层组织按摩 (中等到较重力度)

1,190

1,690

2,190

✦ DEEP SLEEP MASSAGE  
(HEAD & SHOULDER MASSAGE)  
深度睡眠按摩 (头部和肩部按摩)

1,090

1,590

2,090

✦ HOT STONE MASSAGE  
热石按摩

1,590

2,090

✦ THAI HERBAL COMPRESS WITH  
AROMA OIL MASSAGE  
泰式草药热敷结合芳香精油按摩

1,590

2,090

AROMA OIL MASSAGE (SOFT PRESSURE)  
芳香精油按摩 (轻柔力度)

990

1,390

1,790

BODY SCRUB  
身体磨砂

1090

### TRADITIONAL MASSAGE

✦ THAI BALM / THAI OIL MASSAGE  
泰式草药膏按摩 / 泰式精油按摩

690

890

1,090

THAI MASSAGE  
泰式按摩

590

790

990

✦ NECK, SHOULDER, BACK PAIN RELIEF  
颈肩背部按摩

690

890

1,090

✦ 5 IN 1 THERAPY (HEAD, NECK, SHOULDER,  
HAND, & FOOT MASSAGE)  
5合1疗法  
(头部、颈部、肩部、手部和足部按摩)

690

890

1,090

FOOT MASSAGE  
足部按摩

590

790

990

ALL PRICES ARE IN THAI BAHT



AROMATHERAPY MASSAGE



TRADITIONAL MASSAGE





HOT STONE MASSAGE & DEEP SLEEP MASSAGE

## SIGNATURE PACKAGE

### ULTIMATE HOLISTIC WELLNESS (180 MINS)

BODY SCRUB (30 MINS) +  
SIGNATURE DEEP TISSUE MASSAGE / OR AROMA OIL (90 MINS) +  
DEEP SLEEP MASSAGE (60 MINS)  
身体去角质 (30分钟) +  
招牌深层组织按摩 / 或者 热石按摩 (90分钟) + 深度睡眠按摩 (60分钟)

Experience a journey of total rejuvenation with this luxurious, all-encompassing treatment. Begin with a soothing 30-minute body scrub, crafted to exfoliate your skin, removing dead cells and leaving you with a soft, glowing complexion.

Next, unwind with your choice of a 90-minute Aroma Oil Massage or Deep Tissue Massage. The Aroma Oil Massage uses the healing power of essential oils to calm your senses and restore balance to your body, while ASA's Signature Deep Tissue Massage targets muscle tension, easing stiffness and promoting deep relaxation. Both options are designed to relieve stress and restore your inner harmony.

The journey concludes with a deeply relaxing 60-minute Deep Sleep Head Massage. This targeted therapy focuses on your head and neck, relieving mental fatigue, calming the mind, and promoting restful, restorative sleep. Perfect for those seeking to fully unwind and achieve a sense of tranquility.

体验这项奢华的全方位疗程，带来彻底的焕活与重生。首先进行一项舒缓的30分钟身体去角质，去除死皮细胞，焕发肌肤光彩，令肌肤柔嫩光滑。

接着，选择进行90分钟芳香精油按摩或深层组织按摩。芳香精油按摩利用精油的疗愈力量，舒缓感官，恢复身体平衡，而ASA招牌深层组织按摩则针对肌肉紧张，缓解僵硬，促进深度放松。这两种疗程都旨在缓解压力，恢复内在和谐。

最后，享受一项60分钟深度睡眠头部按摩。这项针对头部和颈部的疗程能有效缓解精神疲劳，平静思绪，促进深度修复睡眠。非常适合那些寻求完全放松并获得宁静的人群。

THB 2,990 - SINGLE

THB 5,790 - COUPLE

RECOMMENDED MENU

## SIGNATURE PACKAGE



URBAN ESCAPE (120 MINS)



BODY SCRUB (30 MINS) +  
AROMA OIL MASSAGE / OR SIGNATURE DEEP TISSUE MASSAGE (90 MINS)  
身体去角质（30分钟）+  
芳香精油按摩 / 或者 招牌深层组织按摩（90分钟）

Treat yourself to our 120-minute Nourishing Glow & Relaxation Package, starting with a 30-minute Body Scrub to exfoliate and refresh your skin. This holistic treatment removes dead skin, boosts circulation, and prepares your body for the next step.

Follow with your choice of a 90-minute Aroma Oil Massage or ASA's Signature Deep Tissue Massage, The Aroma Oil Massage uses blending essential oils and expert techniques to relax, restore balance, and leave your skin glowing. While the Signature Deep Tissue Massage release tension and ease muscle stiffness. Perfect for those seeking complete rejuvenation.

为自己犒赏一项120分钟的滋养光彩与放松疗程，首先进行30分钟的身体去角质，去除死皮细胞，焕活肌肤。此全方位疗程可促进血液循环，为接下来的护理做好准备。

接着，选择90分钟芳香精油按摩或ASA招牌深层组织按摩。芳香精油按摩通过精油调配和专业技法，放松身心，恢复平衡，使肌肤焕发光彩。而招牌深层组织按摩则帮助释放紧张，缓解肌肉僵硬。非常适合寻求全面焕发活力的客户。

THB 2,090 - SINGLE

THB 3,990 - COUPLE



RECOMMENDED MENU



## SIGNATURE PACKAGE



### JET LAG REVIVAL (120 MINS)



FOOT MASSAGE (60 MINS) + DEEP SLEEP MASSAGE (60 MINS)

足部按摩 (60分钟) + 深度睡眠按摩 (头部按摩) (60分钟)

Recover from travel fatigue with this soothing, restorative treatment.

Begin with a 60-minute foot massage to release tension and improve circulation. Then, enjoy a 60-minute Deep Sleep head and shoulder massage, where you can relax and drift into peaceful sleep, with a comforting warm eye pad to enhance relaxation. Perfect for those seeking to rejuvenate and restore balance after a long journey.

通过这项舒缓恢复的疗程，摆脱旅行疲劳。

首先进行60分钟足部按摩，释放紧张并改善血液循环。接着，享受60分钟深度睡眠按摩，让您放松身心，沉浸在宁静的睡眠中，同时搭配温暖眼罩，增强放松效果。

非常适合那些寻求在长途旅行后焕发活力、恢复平衡的人。

THB 1,490 - SINGLE

THB 2,790 - COUPLE



## RECOMMENDED MENU



## SIGNATURE PACKAGE



### REVITALIZING JOURNEY (120 MINS)



FOOT MASSAGE (60 MINS) + THAI OIL MASSAGE (60 MINS)

足部按摩 (60分钟) + 泰式精油按摩 (60分钟)

This 120-minute treatment begins with a revitalizing 60-minute Foot Massage to release tension, improve circulation, and refresh your feet.

The journey continues with a deeply restorative 60-minute Thai Massage that enhances flexibility, relieves muscle tension, and restores energy through stretching, acupressure, and rhythmic pressure points.

Perfect for those seeking a authentic Thai massage experience, this package offers the ultimate revitalizing escape for both body and mind.

这项120分钟的疗程从一项振奋精神的60分钟足部按摩开始，  
释放紧张，改善血液循环，焕活双足。

接着，进行一项深度恢复性的60分钟泰式按摩，通过拉伸、  
指压和节奏性压力点，增强柔韧性，缓解肌肉紧张，恢复能量。

完美适合寻求正宗泰式按摩体验的人，这个套餐为身体和心灵提  
供终极的焕活逃逸之旅。

**THB 1,090** - SINGLE

**THB 1,990** - COUPLE

**THB 2,890** - TRIPLE



## RECOMMENDED MENU





## AROMATHERAPY MASSAGE

### SIGNATURE DEEP TISSUE MASSAGE

Unwind with our Signature Deep Tissue Massage, designed to target and release chronic muscle tension and knots. Our skilled therapists use firm, focused pressure to penetrate deeper layers of muscle and connective tissue, promoting relief from stiffness and enhancing overall flexibility. Ideal for those needing intense relief and recovery.

通过我们的招牌深层组织按摩放松身心，专为缓解慢性肌肉紧张和结节而设计。我们的专业治疗师运用稳固、集中的压力，深入肌肉和结缔组织的深层，促进僵硬的舒缓，并增强整体柔韧性。非常适合需要强力缓解和恢复的人群。

THB 1,190 - 60 mins

THB 1,690 - 90 mins

THB 2,190 - 120 mins

### DEEP SLEEP MASSAGE

Drift into tranquility with our head and shoulder Deep Sleep Massage. This calming treatment combines warm eye pad, gentle, rhythmic strokes and relaxation techniques designed to ease stress and promote restful sleep. Ideal for those seeking to unwind and rejuvenate, our Deep Sleep Massage helps you achieve a serene state of relaxation and improve your overall sleep quality.

随着我们的头部和肩部深度睡眠按摩，进入宁静的状态。这项舒缓的疗程结合了温暖眼罩、轻柔的节奏性按摩和放松技巧，旨在缓解压力，促进安稳的睡眠。非常适合那些寻求放松和恢复活力的人群，我们的深度睡眠按摩帮助您达到宁静的放松状态，并改善整体睡眠质量。

THB 1,090 - 60 mins

THB 1,590 - 90 mins

THB 2,090 - 120 mins

### RECOMMENDED MENU

## AROMATHERAPY MASSAGE



### HOT STONE MASSAGE



Experience deep relaxation with our Hot Stone Massage. Warm, smooth stones are placed on key points of your body to melt away tension and enhance circulation. This soothing treatment combines the healing heat of the stones with expert massage techniques for a deeply calming and restorative experience.

体验我们热石按摩带来的深度放松。温暖光滑的石头放置在身体的关键部位，帮助融化紧张，促进血液循环。这项舒缓护理将石头的疗愈热力与专业按摩技巧相结合，为您带来深度宁静和恢复的体验。

THB 1,590 - 90 mins

THB 2,090 - 120 mins



### THAI HERBAL COMPRESS WITH AROMA OIL MASSAGE



This revitalizing treatment blends the therapeutic warmth of traditional Thai herbal compresses with the soothing touch of aroma oil massage.

The herbal compress, infused with healing herbs like lemongrass, turmeric, and kaffir lime, is applied to the body to relieve muscle stiffness, reduce inflammation, stimulate circulation, and promote deep relaxation. Combined with calming essential oils, this massage helps release tension, detoxify the body, and restore overall balance.

这项焕活身心的护理结合了传统泰式草药热敷与芳香精油按摩的疗愈力量。草药球内含香茅、姜黄、柠檬叶等天然草药，温热敷于身体，有助于缓解肌肉僵硬、消除炎症、促进血液循环，并带来深层放松。搭配芳香精油的舒缓按摩，有效释放压力、排毒净化，恢复身体与心灵的平衡。

THB 1,590 - 90 mins

THB 2,090 - 120 mins



## RECOMMENDED MENU



## AROMATHERAPY MASSAGE



## STEAMED THAI HERBAL COMPRESS

## AROMATHERAPY MASSAGE

### AROMA OIL MASSAGE

Indulge in our Aroma Oil Massage, featuring high-quality, Thai FDA-approved products including organic and natural oils. This luxurious treatment nourishes your skin, enhancing its glow while providing the therapeutic benefits of aromatherapy. Experience deep relaxation as our expert therapists use fragrant oils to soothe your senses and rejuvenate your body.

尽情享受我们的芳香精油按摩，采用高品质、泰国FDA认证的有机天然精油。这项奢华护理滋养肌肤，提升光泽，同时带来芳香疗法的疗愈效果。在专业技师的手法下，芳香精油舒缓您的感官，令您的身体焕发活力，深度放松。

**THB 990** - 60 mins

**THB 1,390** - 90 mins

**THB 1,790** - 120 mins

### BODY SCRUB

Revitalize your skin with our Body Scrub Treatment. Using high-quality, natural exfoliants, this invigorating treatment gently removes dead skin cells to reveal a smoother, brighter complexion. Our nourishing scrub also hydrates and rejuvenates your skin, leaving it soft, refreshed, and glowing. Ideal for a radiant, healthy look.

通过我们的身体磨砂护理，让肌肤焕发活力。使用高品质的天然去角质成分，这项提神护理温和地去除死皮细胞，揭示更加光滑明亮的肌肤。滋养去角质也为肌肤补水焕新，让肌肤柔软、清新、光彩照人。非常适合打造健康亮丽的肤色。

**THB 1,090** - 60 mins

ALL PRICES ARE IN THAI BAHT

## TRADITIONAL MASSAGE

### ✦ THAI OIL MASSAGE ✦

Indulge in the soothing experience of our Thai Oil Massage, using nourishing almond oil to hydrate and soften your skin. This traditional massage combines gentle strokes and acupressure techniques to relieve muscle tension, improve circulation, and promote relaxation. Perfect for those seeking a calming, rejuvenating experience with the added benefits of deeply moisturized skin.

尽享我们泰式精油按摩的舒缓体验，使用滋养的杏仁油为肌肤补水并带来柔软感。此传统按摩结合了轻柔的手法和指压技法，缓解肌肉紧张，改善血液循环，促进放松。非常适合寻求宁静焕发体验，并享受深层滋润肌肤的人群。

THB 690 - 60 mins

THB 890 - 90 mins

THB 1,090 - 120 mins

### ✦ THAI BALM MASSAGE ✦

Relax and rejuvenate with our Thai Balm Massage, featuring the healing power of traditional Thai herbal balms. Infused with soothing ingredients like camphor, menthol and turmeric, this massage targets areas of tension and muscle discomfort. Your therapist will gently apply the balm, using calming strokes to relieve pain, reduce inflammation, and promote deep relaxation. Perfect for those seeking relief from muscle soreness and stress.

通过我们的泰式草药膏按摩，放松身心，恢复活力，体验传统泰国草药膏的疗愈力量。草药膏中含有薄荷、樟脑和姜黄等舒缓成分，专门针对紧张和肌肉不适的部位。治疗师将轻柔地涂抹草药膏，并运用舒缓的按摩手法缓解疼痛，减少炎症，促进深度放松。非常适合那些寻求缓解肌肉酸痛和压力的人群。

THB 690 - 60 mins

THB 890 - 90 mins

THB 1,090 - 120 mins

### ✦ RECOMMENDED MENU ✦



## TRADITIONAL MASSAGE



### NECK, SHOULDER, AND BACK PAIN RELIEF



Our "Neck, Shoulder, and Back Pain Relief" treatment targets tension and fatigue from long hours at the desk. Using Thai massage techniques and soothing oils, this focused session relieves pain and improves circulation in the neck, shoulders, and back, leaving you feeling refreshed and relaxed.

我们的“颈部、肩部和背部舒缓”疗程专注于缓解长时间坐办公桌所带来的紧张和疲劳。结合泰式按摩技巧和舒缓的精油，此疗程针对颈部、肩部和背部的疼痛，促进血液循环，让您感到轻松和焕然一新。

**THB 690** - 60 mins

**THB 890** - 90 mins

**THB 1,090** - 120 mins

## THAI MASSAGE

Experience the ancient healing art of Thai Massage, combining acupressure, deep stretches, and yoga-inspired techniques to release tension and improve flexibility. Using hands, elbows, and feet, our therapist works along your body's energy lines to restore balance, enhance circulation, and promote overall relaxation. Perfect for those seeking deep muscle relief and a full-body rejuvenation.

体验古老的泰式按摩艺术，结合了指压、深层拉伸和瑜伽灵感的技法，释放紧张，提升柔韧性。我们的治疗师将使用手、肘部和脚沿着身体的经络线进行按摩，恢复平衡，促进血液循环，并带来全身放松。非常适合寻求深层肌肉舒缓和全面焕活的人群。

**THB 590** - 60 mins

**THB 790** - 90 mins

**THB 990** - 120 mins



## RECOMMENDED MENU



## TRADITIONAL MASSAGE

### ✦ 5 IN 1 THERAPY ✦

Experience ultimate relaxation with our 5-in-1 Therapy. This comprehensive treatment combines head, neck, shoulder, hand, and foot massages to address tension and stress throughout your entire body. Our expert therapists provide targeted relief to each area, promoting overall well-being and leaving you feeling refreshed and rejuvenated from head to toe.

体验我们5合1疗法的终极放松。这项综合护理结合了头部、颈部、肩部、手部和足部按摩，全面缓解全身的紧张与压力。我们的专业技师针对每个部位进行重点放松，促进整体健康，让您从头到脚焕然一新，恢复活力。

**THB 690** - 60 mins

**THB 890** - 90 mins

**THB 1,090** - 120 mins

## FOOT MASSAGE

Revitalize your feet with our luxurious Foot Massage treatment. This soothing session targets pressure points and relieves tension, promoting overall relaxation and rejuvenation. Our expert therapists use a blend of techniques to ease stress and improve circulation. Indulge in a calming experience that leaves your feet feeling refreshed and revitalized.

让我们的奢华足部按摩为您的双足焕发活力。这项舒缓护理通过刺激压力点、缓解紧张，促进整体放松与恢复。我们的专业技师运用多种技巧帮助舒解压力，改善血液循环。沉浸在宁静的体验中，让您的双足焕然一新、充满活力。

**THB 590** - 60 mins

**THB 790** - 90 mins

**THB 990** - 120 mins

### ✦ RECOMMENDED MENU ✦



OPEN DAILY

11.00 PM - 11.00 AM

FOR RESERVATION

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